

# SOUTHSIDE RISE & SHINE VOLUNTEER GUIDELINES



## Before you begin volunteering, make sure that you

1. Sign the waiver.
2. Commit to having fun and getting to know your neighbors!

---

We want everyone to have fun and be safe during the Southside Rise & Shine event. Please read these safety tips before picking up litter:

- **DO NOT** enter private property.
- **DO** wear gloves (latex, work gloves, or cotton gloves).
- **DO** wear good walking shoes and dress for the weather.
- **DO** wear bright-colored clothing or a safety vest to be visible by traffic.
- **DO** face oncoming traffic when on the street and look up often to monitor approaching vehicles. In a group, designate someone to be a spotter or set up safety cones.
- **DO** be aware of your surroundings and potential hazards (e.g. passing cars, tree branches, poison ivy)
- **DO NOT** enter water if next to the river or a creek.
- **DO** use the “buddy system” and work in teams of two or three to maximize safety.
- **DO** provide proper adult supervision for children at all times. We **do not** recommend young children participate near or on the street.
- **DO** keep pets on a leash. Consider leaving pets at home due to the number of people and the hot pavement.
- **DO NOT** overfill garbage bags.
- **DO NOT** attempt to move large, heavy objects. Report illegal dumping, graffiti, tires and bulky items to the event coordinators.
- **DO** drink plenty of fluids, take breaks, and remember sunscreen.
- **DO** wash hands after the cleanup.

## **DO NOT** pick up the following items:

- Sharp objects, needles, and syringes
- Weapons, ammunition, and anything that looks to be explosive
- Hazardous waste including chemical containers (e.g. pesticide or herbicide containers)
- Abandoned barrels and containers that are leaking, unidentifiable, or bulging
- Propane cylinders, gas cans, oil or antifreeze containers
- Paint cans and car batteries
- Narcotics
- Dead animals